



Why are HERBS so valuable BIRDS?

All living creatures depend on plants for their survival.

Certain plants are available just for nourishment, from which the body derives energy to sustain growth, development & reproduction and the energy to move, in order to survive.

There are other plants, which are also known as herbs. These plants contain a variety of unique constituents that make them capable of 3 vital functions in the body – namely, maintaining optimum good health, preventing the development of disease, or the healing of disease.

Animals that are free to roam choose what they need to eat to survive and will instinctively choose different foods at different times of the year, as well as various medicinal plants to maintain good health. When we keep birds in cages year in and year out, these birds cannot do this, and the duty rests with us to provide the best balanced diet possible. Sometimes even the best diet we can think of lacks just a little something, and these little somethings are the micro-nutrients that are found in herbal plants. By feeding the smallest amount of herb we can achieve so much more – by providing natural nutrients that are only found in a variety of herbs.

The values inherent in herbal plants are:

- Herbs are a totally natural food supplement.
- Herbs contain representatives from all the major food groups – high quality proteins, carbohydrates, the major mineral salts, and the vital micro-nutrients,



namely, trace minerals and vitamins.

- Herbs contain exceptional healing properties that are both protective and regenerative.
- Herbs are adaptogenic – they work where they are required the most in the body.
- Herbs can promote various forms of wellness – physical & emotional.
- Herbs work in a balanced and holistic manner.
- Herbs are not cumulative. The body does not become resistant to herbs.
- Herbs have gentle actions on the body and are most suitable for birds.
- Herbs are economical! Very small amounts are effective.
- Herbs taste and smell nice.

BIRDS ABSOLUTELY LOVE HERBS!!

Some of the noticeable improvements after giving Herbs to birds are:

- Better colour of feathers
- Vastly improved breeding
- More energetic birds
- Visibly healthier birds
- Visibly happier birds
- Reduced stress •

Meridian Herbs “Herbs for Birds”

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Waarom is KRUIE so waardevol vir jou VOËLS ?

Alle lewende wesens maak staat op plante vir oorlewing.

Sekere plante is vir een doel beskikbaar: voeding. Die liggaam verkry energie daaruit om te kan groei, ontwikkel & reproduseer, asook energie vir beweging om te kan oorleef. Ander plante, bekend as kruie, besit 'n verskeidenheid unieke bestanddele wat help om 3 noodsaaklike funksies in die liggaam te vervul nl. om optimale goeie gesondheid te handhaaf, siektes te voorkom en die genesing van siektes.

Diere wat in die natuur vry rond kan beweeg kan kies wat hulle wil eet. Dié diere sal instinktief diverse voedselsoorte verkies tydens verskillende seisoene van die jaar asook 'n verskeidenheid van medisinale plante om goeie gesondheid te handhaaf. Voëls wat in hokke aangehou word kan nie dit doen nie en die verantwoordelikheid berus by die eienaar om 'n gebalanseerde dieet te voorsien. Somtyds, al is dit die beste dieet wat ons kan voorsit, kort daar net nog iets – dit is gewoonlik die mikro-nutriente wat in kruie voorkom. Deur selfs 'n klein bietjie van die kruie by die voëls se dieet te voeg kan baie bereik word.

Die waarde, eie aan kruieplante, is:

- Kruie is 'n ware natuurlike voedselaanvulling.
- Kruie se samestelling verteenwoordig al die belangrikste voedselgroepe – hoë-kwaliteit proteïene, koolhidrate, mineralesoute, noodsaaklike mikro-nutriente nl. spoorelemente & vitamine.
- Kruie besit besonderse genesende eienskappe wat byde beskerm en vernuwe.
- Kruie se werking is aanpasbaar – dit werk waar dit die meeste benodig word in die liggaam.



- Kruie ondersteun gesondheid – fisies & emosioneel.
- Kruie werk op 'n gebalanseerde en holistiese manier.
- Kruie se werking is nie kummulatief nie (bestanddele hoop nie op nie) en dus raak die liggaam nie weerstandig daarteen nie.
- Kruie werk sagkens op die liggaam en is daarom geskik vir voëls.
- Kruie is ekonomies! Selfs klein hoeveelhede is effektief.
- Kruie smaak en ruik lekker.

VOËLS IS ABSOLUUT MAL OOR KRUIE!!

Sommige merkbare verbeteringe wat waargeneem word nadat kruie aan voëls gevoer is:

- Beter kleur van vere
- Besondere verbetering van broei
- Meer energieke voëls
- Ooglopende gesonde voëls
- Ooglopende gelukkige voëls
- Verminderde spanning (stress)

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